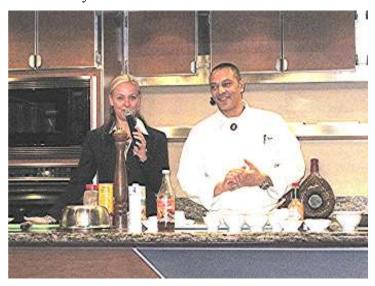
At Sea – Day 9 Oct. 6:

We were in the Lido Restaurant this morning when the sun started to creep above the horizon. We were blessed with calm seas after leaving Petropavlovsk, Russia last night so everyone had a good night's rest and we were up early.

After breakfast Barbara attended a culinary demonstration by host Adele and Das, the chef of the gourmet Pinnacle Grill on board the Amsterdam. The delicacies they were preparing consisted of Grand Marnier Chocolate Volcano Cake and Dungeness Crab Cakes. The presentation turned into a comedy of errors as the electric stove

malfunctioned and the hosts tried to cover the problem with light hearted banter. Adele and Das using humor to deal with the situation are shown in the photo on the right.

In spite of technical problems everyone enjoyed the show. In addition, previously prepared samples of the Chocolate Volcano Cake were eagerly consumed and detailed recipes were handed out to the audience.



In the afternoon there was another culinary demonstration by Adele. She showed us how to make an appetizer called "cheater" pizza squares. She called them "cheater" because she avoided some preparation work by using sheets of prepared pastry purchased at the grocery store rather than making pizza dough from scratch. The oven had been repaired and this session was carried out smoothly with audience participation in tasting the warm samples she produced. Adele's culinary demonstrations are enjoyable and are becoming a regular part of our daily routine. Barbara is saving all the recipes and plans to use them regularly when she returns home. **NOT !!!!!!!!**

Also in the day's schedule was a presentation by Travel Guide, Barbara Haenni. She provided details about what the South Korean city of Pusan had to offer when we visit there on October 11.

The Showtime entertainment after dinner tonight was presented by pianist and story teller Marty Henne. The subject of his show tonight was the music and lives of George and Ira Gershwin. Marty knew what his audience liked and we all trekked down memory lane with him.

We continue to sail southwest toward Vladivostok, enjoying the calm seas and bracing Siberian temperatures. We expect to arrive in port on October 9th.